

The Caregiver Connection

COMMUNITY CAREGIVERS OF GREATER DERRY

Another Successful Potter's Bowl Fund Raiser

Raises over \$7300...

Another year sold out in advance and a big hit for the community! Thank you to John Oudheusden and staff at *Promises to Keep* for hosting our event this year! It truly was an amazing night and we cannot thank them enough for their generosity! Thank you to over 60 volunteers who helped out a combined 200 hours to make the event possible.

Over 200 community members enjoyed an around-the-world style of serving with *Panera bread*, fabulous desserts and thirteen wonderful soups. Restaurants and businesses that took part included *Area Home Care, T-Bones, Janie's Uncommon Café, The Wrap Shak, Amphora, Rig-A-Tony's, Steve-N-James Tavern, Chatham Grill/Rt.28 Roadhouse, The Kitchen at The Windham Junction Country Store, Promises to Keep, The Gourmet Grille, The Coach Stop Restaurant, Pinkerton Tavern, Sabatino's North, Shaw's in Derry, Market Basket* in Londonderry and *Hannaford Supermarket* in Derry. Flowers were donated by *Wisteria Flower Shoppe, Countryside Florists, Backmann Florists and Distinguishing Touch*. Party supplies were donated by *4yourparty.com*. Desserts were donated by *Ma's Italian Biscotti, Saffie's Neighborhood Bakery, Klemm's*, and several volunteers.

The Derry News, Union Leader and Nutfield Publishing Company covered the event. We had music this year brought to us by *Simply the Best Entertainment*. Some local potters who donated to the event include *You're Fired, Bruce Haber, Nutfield Pottery, Rock Garden Pottery, Rock Pond Pottery, Glen MacInnis Studios, Steve Cunliffe with the NH Potter's Guild, Doug Blum, Hutton Studios, Ola Lessard and friends, Anda Tubalkain, Rachel Normington, Christine Mawby, Tom White Pottery, and Wiley Hill Mudworks*.

The schools donating artwork included *Kimball Union Academy, Pinkerton Academy, the faculty at Currier Museum Art Center and*

The Windham High School Art Club.

Our silent auction was also a hit with jewelry, wonderful paintings, handcrafted scarves and, as well as many signed books from local New Hampshire authors. The famous *Red Star Twirlers* proved again that they are a professional group of young ladies who are eager to pitch in and help where needed.



Sarah Bertrand, volunteer and Paula Flynn, Caregivers Grant Writer serve up soup at one of the 6 soup stations.

Thank you again, to all the contributors who did their parts to make the Potter's Bowl our most successful community fundraiser. We look forward to seeing you all next year!! Mark your calendar for the first weekend in February.

Please see our website www.comcaregivers.org to see the complete list of participants and photos from the event.



Caregivers' Mission:

To provide, through a volunteer network, support and assistance to help the elderly and disabled remain independent in their home environment and the community.

Inside this issue:

Potter's Bowl Review	1
Thank You's	2-3
Open House Review	3
Opportunities & Needs	4
Annual Appeal	6-7
Community Resources	8-9
Volunteer/Client Surveys	10
Anecdotes	11

Proud member agency of



Granite United Way

The community has been very good to Caregivers last fall and winter. We would like to highlight some of the generosity we've been witness to:

On September 15th 2010, Caregivers participated in the Granite United Way Day of Caring. Seven Town of Derry employees and three Stonyfield Farms employees spent the day at two recipients' homes. We rehabbed a porch and foundation, removed yard waste, spread mulch, washed windows and weeded. The estimated cost of the labor provided was over \$1300, not to mention the supplies that were donated.

Whippersnappers Restaurant in Londonderry held a Caregivers Community Benefit night on October 17th, 2010. 50% of the night's dinner profits were donated to Community Caregivers. We recognize them for being an active member of the community through their fundraising efforts.

St. Mark's Masonic Lodge No.44 has been donating to local charities for the past 20 years with their annual Christmas Tree sale. Caregivers received \$200, along with the First Baptist Food Pantry, The Sonshine Soup Kitchen, and The Santa Fund. Thank you for your long-term support!

Rig-A-Tony's has been very supportive to Caregivers during the holiday season with our Holiday Pie & Bread sale. Thank you, Lisa and staff, for your kindness and generosity!

New England Duplicator in Manchester for their continued support on publication printing. N.E. Dupe helps Caregivers and other non-profit organizations with their discount program.

The Holy Cross Church in East Derry and the parishioners for the Angel Tree which yielded over \$900 worth of holiday presents and gift cards for some of our clients. Thank you for all you do in the community!

St. Thomas Aquinas Catholic Church and their Emergency Missions Fund for the new medical equipment and cases of adult diapers for our Loaner's Closet, which valued over \$596. This enables us to continue with our mission to help the community with medical equipment that they might not otherwise be able to afford. If you know anyone who is in need of medical equipment, Chux, or adult diapers, please call Caregivers at 432-0877.

Rite Aid Pharmacy and David Lacasse for discounts on medical equipment which were purchased by St. Thomas for our Loaner's Closet. Caregivers has a wonderful relationship with Rite Aid as we will refer people to them when we do not have something they are looking for, or vice versa, they will send folks to us.

Thank you to the 8th graders and chaperones at Hampstead Middle School for their day of service spent on November 12th at the Emerson Village Trailer Park. We spent the beautiful day raking twenty-three home owners' yards. Thanks to Neil and Sandy Emerson for letting us help out for the day and to the eighteen students and teachers who made the project a success.

Thank you to the Monarchs Cares Foundation and the 9 volunteers who joined Cindee in selling 50/50 raffle tickets at a February game. Caregivers was the second-best seller of the whole season and made \$515 for the agency.

Open House Review

Our Holiday Open House on December 16th was another hit this year with fabulous food, friends, and fun! Clients, volunteers, staff, board, and supporters all enjoyed conversation, caroling by the Derry Daisies Troop 10441, making holiday crafts, dressing up in holiday attire furnished by our friends at *The Costume Gallery* in Derry, and a door prize from *St. Julien's Macaroons*. *Lowe's* of Bedford was kind enough to give us a discount on poinsettias which were given out to each client who attended courtesy of our Board of Directors. We cannot thank you all enough for your continued support and efforts to ensure a wonderful holiday evening!



Help us to congratulate the following volunteers for their years in service:

15 years- Linda Ashcroft and Georgia Nugent

10 years- Ray Crowell, Mike Dromgoole, Liz Greenleaf, Tom Miller, Jodi Salerno,
and Bill Wheeler

5 years- Liz Ambrose, Sally and Sarah Bertrand, Lynn Cina, Cookie Diozzi, Terry Fernald, Joe Ghiloni, Nick Maffatone, and Genevieve Rowell

Office work

We are going to be importing all our paper and excel documents into a relational database. We need individuals to both format existing excel documents and input paper copies into database.

We need someone to beef up the resources section of our website. We have a webmaster that will format and activate links; we just need someone to compile a list of relevant resources.

All Towns

Volunteer drivers needed to take folks to local med. and dental appointments. Need only help 2 – 3x a month.

This spring, large and small groups needed to clean up yards from winter debris.

Londonderry

Frail elderly woman near Exit 5, dementia, friendly visits and cards, born and raised in Londonderry, Greek.

Man in Century Village looking for someone to shop at Shaw's for him 1x per week.

Wife looking for respite/companionship for her husband with Alzheimer's Tuesday, Wednesday or Friday.

Derry

Legally blind woman off East Derry Road looking for help reading, writing, and with errands.

Elderly woman new in town, looking for companionship, female adult preferred.

Elderly woman near Beaver Lake looking for companionship.

Man near Clam Haven needs group to help with thorough cleaning of home, and then come once a month to maintain.

Disabled woman in Fairways looking to have her trash taken out a couple of times a week.

Disabled female vet in east Derry looking for help with light chores and companionship. Has dogs, cats and chickens.

Hampstead

Elderly woman, recent widow, Indian descent, looked for female companion, likes cooking shows, crosswords, talking.

Recent widow off Emerson Avenue looking for someone to do yard work and home repair.

Woman off of 111 near East Road looking for help with laundry and light chores 1 x per week.

Elderly man in same housing complex looking for someone to sweep and general pickup 2x a month.

Stroke victim near Colby Corner needs for help with chores, laundry, groceries and rides to PT in Manchester 2x a week.

Disabled woman near Colby Corner looking for someone to take her to Market Basket in Plaistow 2x a month.

Sandown

Woman off of Hale True Road looking for companion in the afternoon hours to visit with, go on outings with. Smokes.

Elderly woman in North Sandown looking for companion 1x per week. Difficultly walking, very talkative.

Woman on Angle Pond looking for help with shore cleanup and furnace cleaning.

Elderly man on 121A looking for non-smoking companion, male or female. Recently homebound due to mobility.

Retired nurse on 121A looking for friendly visitor. Female preferred.

Dialysis driver needed to get elderly woman to (11AM) and from (4PM) Exeter dialysis Tuesday and Thursday.

Windham

Elderly couple near Waterhouse looking for help with errands and dump runs 1x per week.

Elderly woman near Cobbetts Pond looking for respite/companionship for husband.

Elderly woman near Park Lanes looking for someone to shop for her and go to post office one time per week. Same woman looking for another volunteer to help with laundry (at your home or the laundromat), organizing and light chores. Smokes.



Community Caregivers Of Greater Derry

is teaming up with

COUNTRYSIDE FLORIST

to bring you our

Mother's Day Flower Fundraiser!

Show Mom or that special lady in your life how much she means to you by presenting her with blooms to make her smile.



4-inch African violets or 4-inch kalanchoes, in a basket, can be pre-ordered and ready for pick-up in the Caregivers office (or delivery if requested) a few days before Mother's Day for \$10.

If you would like to purchase a larger, hanging, flowering plant, please call Countryside Florist at 603-432-4110 and tell them that you would like to place an order for the Caregivers Fundraiser.

Part of the proceeds of that purchase will go directly to Community Caregivers of Greater Derry.

order form:

.....

.....

<u>Name</u>	<u>Phone #</u>	<u># Violets</u>	<u>#Kalanchoes</u>	<u>(x\$10 ea.)</u>	<u>Total</u>
					\$

Please make checks payable to "Community Caregivers of Greater Derry"
 and mail order form and check to:
 Community Caregivers of Greater Derry
 58 East Broadway
 Derry, NH 03038

all orders MUST be received by April 25, 2011

WE DID IT!! We completed the 2010 Annual Campaign to support Caregivers. We exceeded our goal by 40%, and we were able to raise just over \$15,000 with 150 donors. We noticed an increase in either the amount of the individual donation or the frequency of giving that tells us that we are not only producing great outcomes, but that veteran donors are able to give more. We noticed that family members of the individuals we serve are starting to contribute and pay homage to the good work that we do, knowing they are unable to help due to geography or personal constraints. Caregivers, with a active and engaged board, has made several strategic-capacity building decisions in the past two years. With those investments (which have all paid off) comes a slightly larger budget to control. Thank you for believing in Caregivers and supporting our growth. Your dollars helped us coordinate over 11000 trips/visits to assist the elderly and disabled. We also loaned out over 900 pieces of durable medical equipment from our Loaner's closet. Thank you for your continued or first-time appeal donation. We hope we have conveyed our sincere gratitude.

Sponsors (gifts over \$500)

Rotary Club of Londonderry, Dr Brenda & Mr. Mark Foley in memory of William Tombari, Warren Bailey, Bert P. Allen Jr - Bert P. Allen Jr. Revocable Trust, James L. Foley, Charles Wilkes, Mr. & Mrs. Daniel Swietlik in honor of Mary Dunbar

Advocates (gifts of \$151—\$500)

Area Home Care & Family Services, Inc., St.Peter's Episcopal Church - Vicar's Discretionary Fund, First Parish Congregational Church UCC, Pinkerton Academy - Student Activity Fund, Hampstead Lions Club, Mr. & Mrs. Vincent Smith, Mr. & Mrs. John Moody, NH Masonic Charitable Foundation, St Mark's Knights of Columbus - Council 10488, Mr. & Mrs. Richard Novia, Hampstead Congregational Church

Supporters (gifts of \$51—\$150)

Mr. and Mrs. Richard Goodhue, Mr. and Mrs. J. Laurence, Ms. Dorothy Grover, Marion I. Willis, East Derry Tire & Auto, Derry Medical Center, Mr. Andrew Hadik, Jerry & Pat Salvucci, Mr. & Mrs. Alan Hoffman, Dr & Mrs. Joseph Wingate, Mr. & Mrs. William Zolla, Anne Hoffman & Phil Myers, Margaret Ives, Ms Roxanne Wilson, Londonderry Lions Club, Mr. & Mrs. Charles Haggarty, Central Congregational Church - Ladies Benevolent Society, Mr. Ray Mailloux - Community House Calls, Rev. Beverly & Mr. Charles Lindsey, Jr., Mr. & Mrs. Dennis Toombs, Janet Caron, Mr. & Mrs. Steven Bioren, Mr. & Mrs. Frederick Soule, Dr & Mrs. John Lombardi, Robert Spiegelman, Mr. & Mrs. Leo Vansteensburg, Dr. & Mrs. James Haas, Jon Anderson, Mr. & Mrs. Richard Flynn, Gloria Fulmer, Carol Renouf, St. Matthew's Church Windham

Associates (gifts of \$26-\$50)

St.Julien Macaroons, Mr. and Mrs. Lawrence Cuneo, Mr. & Mrs. Richard Avery, Mr. & Mrs. Robert Lewis, Mr. & Mrs. Mayland Lewis, Jr., Cheryle & Harold Gardner, Norma Helbig, Ms.Maureen Lein, Ms. Louise Peltz, Dorothy MacDonald, Mr. & Mrs. David Huse in memory of Elizabeth Willett, Ms Mary Eisner, Mr. and Mrs. Robert Stuart, Josephine Forzese, Olympia O'Neill in memory of John O'Neill, Denise Tedesco, Mr. and Mrs. Norman Dufresne, Sally Bertrand in memory of Barbara King, Mr. Arthur E. Rugg, Eileen Brackett, Peabody Funeral Home, Mr. and Mrs. Kenneth Yates in honor of all caregivers, Mr. & Mrs. David Landsman in memory of Melissa Hubert, Ruth Fuller, Mr. and Mrs. Joseph Guthrie, Mr. & Mrs. Bradley Webber, Tom Zamonsky, Mr. & Mrs. Leo Latulippe, Mr. Paul Iaconis & Ms Katherine Wolff, Mr. & Mrs. Craig Buckley, Mr. & Mrs. Rodgers Pierce, Beatrice Goodrow, Mr. & Mrs. Todd Powers, Mr. & Mrs. Arthur Markoff

2010 Annual Appeal cont.

Friends (gifts up to \$25)

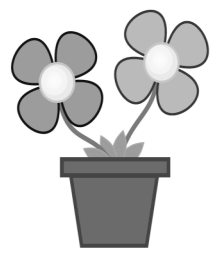
Mr. and Mrs. Alan Cote, Juliette Stevenson in honor of James Stevenson, Bart Rousseau, Betsy McKinney, Mr. Albert Midgley, Mr. & Mrs. Ronald Visnor, Mr. and Mrs. John Christie, Bonnie Brunson, Mr. and Mrs. Raymond Tague, Jeanne Wissler, Charlotte Heinrich, Ms. Beverly Marandett, Mr. and Mrs. Bruce Dorner, Mr. Peter Levandowski, Ms Dorothy Vagos in memory of Joseph Lopes, Mr. and Mrs. Martin Cohen, Sarah Holbrook, Priscilla Lindquist, Laura Czarnosz, Mr. and Mrs. Arthur Markoff, Ruth Caloggero, Patricia Carlise, Mr. and Mrs. Robert Cason, Dorothy Huebel, David Duval D.O., Mr. and Mrs. Bruno Walser, Ms. Joanna Stack, Mary Griffin, Alice McFarland, Marion McPherson, Ruth Young, Mr. and Mrs. Walter Pascall, Joan Park in honor of John Park, Dan Dudley, Carol Morway, Mr. & Mrs. Bernard Horrocks, Hayden Wallace, Mr. & Mrs. Mark Auer, Mr. & Mrs. Gerard Belanger, Diane Trow, Lucille Gay, Mr. & Mrs. Ronald Thulin in honor of Nate Thulin, Mr. & Mrs. Clement LaPlant, Raymond Beauchesne, J. C. Anderson in memory of Irma Fahey, Thomas Carney, Marianne Page, Constance Webber, Lillian Cohen, Verne Anderson, Brian Whitcher, Roberta Robie, James Collins, Mr. & Mrs. Richard Anderson, Joyce Deimer, Mr. & Mrs. Philip Tetreau, Jr, Grant Benson Jr, Mr. & Mrs. Ray Crowell, Margaret Camuso, Philip Decarolis

Caregivers Remembers...

Community Caregivers has experienced the loss of the following individuals. We extend our thoughts and sympathies to their families and friends.

- Roy Feinauer
- Thomas Sheehan
- Jean Scuitto
- Evelyn Hamer
- Charlie Blair
- Fred De Jong
- Jeannette Vergato-Taylor
- Marie George
- Charlotte Heinrich
- Brian Carne
- C. Henry Beaudette

“One person caring about another represents life's greatest value.” - Jim Rohn



Community Resources



Got Drugs? Turn in your unused or expired medication for safe disposal on the 2nd National Take-Back Day!

Saturday, April 30th, 10AM to 2PM

Derry—Hood Commons (parking lot adjacent to Crystal Avenue)

Event provides opportunity for public to surrender expired, unwanted, or unused pharmaceuticals and other medications for destruction, no questions asked, you don't even need to exit vehicle. Please peel off personal information before you arrive. These drugs are a potential source of supply for illegal use and an unacceptable risk to public health and safety.

For more information, please visit www.dea.gov



Dana-Farber/New Hampshire Oncology-Hematology

Spring 2011 Programs April-June

[40 Buttrick Road, Londonderry, NH 03053](http://40ButtrickRoad.com)

Please call 603-552-9134 to register as space may be limited.

PROGRAM	DATE & TIME	DESCRIPTION
Living with Cancer Support Group	Wed. April 20, 1-2 pm Tues. May 3, 6-7 pm Wed. May 11, 1-2 pm Tues. June 7, 6-7 pm Wed. June 22, 1-2 pm	A support group for people living with cancer, including families and caregivers. Come talk with others who are faced with the same challenges. Please feel free to attend any or all of these sessions. Joyce Austin, MSW, LICSW & Kristie Weeks, RN, OCN.
Time for Spouses, Families and Caregivers	Thursday, April 28 6:00-7:15 pm	Family members and caregivers often face their own challenges in caring for patients with cancer. Come connect with others, learn coping strategies & obtain resources. Joyce Austin, MSW, LICSW & Kristie Weeks, RN, OCN.
Tending to Your Spirit	Thursday, May 19 2-3 pm	A time for respite and sharing. Come feed your soul and find healing with others who are living with cancer. Theresa Bianchi, M.Div. Chaplain.
Making Your Wishes Known	1 st Thursday of Every Month, 10-11 am	Who would you want to make your medical decisions if you couldn't make them yourself? This session offers information and assistance on completing Advanced Medical Directives. Joyce Austin, MSW, LICSW

All above programs are FREE, include light refreshments, and are intended for those 18 years and older. For updates or cancellations due to weather, please call the registration line at 603-552-9134.

Community Resources continued...

Angel Food Ministries is a non-profit, non-denominational organization dedicated to providing food relief and financial support to communities throughout the United States. There are no qualifications, minimums, income restrictions, or applications. Everyone is encouraged to participate.

Today the Angel Food program is now helping to provide food relief to more than 500,000 families each month. For more info on the food packages and ordering instructions, please visit www.angelfoodministries.com or contact a host site directly. They have over 10 different boxes and specials ranging from \$16 to \$50. They can cater to almost any dietary restriction.

The closest host sites to us are:

LifeWay Community Church
10 Highland Ave
Derry 845-6601
Or 247-4305

Londonderry Christian Church
372 Mammoth Rd
432-4630

MAY IS FOOT HEALTH MONTH

Free podiatric exams offered by Dr. Kemple and Dr. Gorgol of Greater Salem Family Footcare Associates, PC

May 4th 12PM to 5PM at their 198 Main Street office in Salem, 898-5864

May 5th 12PM to 5PM at their 49 Birch Street office in Derry, 434-8790

Call for more information; no services rendered at time of exam.

8th Annual

Tuesday, April 26, 2011 10AM-2PM

West Running Brook Middle School Derry, NH



FREE Admission Includes:

- Grand door prize—\$500 Wal-Mart gift card
- Complimentary lunch from 11:30AM-1:30PM
- Access to over 80 senior health vendors
 - Health screening stations:

bone density, blood pressure, pulmonary function testing, BMI, blood sugar, vision, hearing, spinal health and much more!

Platinum sponsorship by



&



For more info or a complete list of sponsors and vendors, call 893-9769 or visit www.seniorhealthfairnh.com

Volunteer/Client Surveys

With board help and implementation, both the volunteer and client satisfaction surveys for 2010 were revamped and sent out in new modern ways. Client survey was designed more to see the effect of our services on their quality of life. The volunteer survey, sent out through our new email marketer, Vertical Response™, yielded almost 40% returns because of its speed and directness. Below are some of the results and comments we were privileged to receive. Thank you for all that took the time to improve our services. Always know that even when not solicited, we welcome feedback year round.

Client results and comments

82% of clients reported that "Caregivers has improved my ability to stay at home".

90% of clients reported that their volunteer(s) are "completely timely and reliable".

95% of clients reported that their volunteer(s) are "very friendly and helpful."

96% reported that "being a Caregivers' client makes them feel more a part of the community".

"My girl is very nice. She is very interested in my conditions and a very caring person."

"The services I receive have become a very important part of my life, a part that makes my life happier and in many cases, possible."

"The staff have been wonderful. They call and keep in touch about my volunteer. They have helped me to accept help from others which is very difficult for me to do."

"I have had Caregivers for years and they have been most helpful in doing my vacuuming, washing floors and doing laundry. I would be completely at a loss without them."

"Caregivers have been an important part of my life and also that of my deceased husband. Words cannot express my gratitude. All have been very caring, respectful and most loving."

Volunteer results and comments

82% of volunteers feel their efforts are supported and appreciated by their client.

87% of volunteers feel their efforts are supported and appreciated by the Caregivers organization.

90% of volunteers reported that the Caregivers staff are helpful when they contact us.

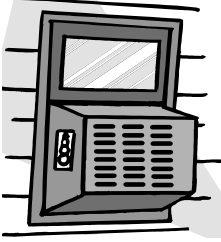
"You are reachable and respect confidences."

"I think your program is wonderful and so important since so many communities have cut back on what they can offer people in need."

"You provide a WONDERFUL service--for both those in need of assistance and allowing those to give to our community! Thanks VERY MUCH!"

"It is a pleasure to work with Cindee. She is very efficient, structured and organized but she is also very caring and warm - this is not a combination that is easy to find!"

"It is rewarding to help, as someday I might need some help, just paying it forward."



PROJECT COOL AIR

Are you medically fragile and need an air conditioner to stay healthy and safe in the heat? We will again be assisting *Area Home Care* in purchasing, distributing and installing a number of brand new, remote controlled air conditioners. Please call 432-0877 and be prepared to submit a doctor's note as proof of your need. Funds are limited, so first come, first served. Help ease the discomfort of the summer heat!

"Being deeply loved by someone gives you strength; loving someone deeply gives you courage."

~ Lao Tzu

To Those of Us Born 1930 – 1979

TO ALL THE KIDS WHO SURVIVED THE 1930's, 40's, 50's, 60's and 70's!!

First, we survived being born to mothers who smoked and/or drank while they were pregnant. They took aspirin, ate blue cheese dressing, tuna from a can and didn't get tested for diabetes. Then after that trauma, we were put to sleep on our tummies in baby cribs covered with bright colored lead-base paints.

We had no childproof lids on medicine bottles, locks on doors or cabinets and when we rode our bikes, we had baseball caps not helmets on our heads.

As infants & children, we would ride in cars with no car seats, no booster seats, no seat belts, no air bags, bald tires and sometimes no brakes.

Riding in the back of a pick-up truck on a warm day was always a special treat.

We drank water from the garden hose and not from a bottle.

We shared one soft drink with four friends, from one bottle and no one actually died from this.

We ate cupcakes made with Lard, white bread, real butter and bacon. And, we weren't overweight. WHY? Because we were always outside playing....that's why!

We would leave home in the morning and play all day, as long as we were back when the streetlights came on... No one was able to reach us all day. And, we were OKAY.

We would spend hours building our go-carts out of scraps and then ride them down the hill, only to find out we forgot the brakes. After running into the bushes a few times, we learned to solve the problem.

We did not have Play stations, Nintendo's and X-boxes. There were no video games, no 150 channels on cable, no video movies or DVD's, no surround-sound or CD's, no cell phones, no personal computers, no Internet and no chat rooms. **WE HAD FRIENDS** and we went outside and found them!

We fell out of trees, got cut, broke bones and teeth and there were no lawsuits from these accidents.

We would get spankings with wooden spoons, switches, ping pong paddles, or just a bare hand and no one would call child services to report abuse.

We ate worms and mud pies made from dirt, and the worms did not live in us forever.

We were given BB guns for our 10th birthdays, made up games with sticks and tennis balls and, although we were told it would happen, we did not put out very many eyes.

We had freedom, failure, success and responsibility, and we learned how to deal with it all.

If YOU are one of them, **CONGRATULATIONS!**

You might want to share this with others who have had the luck to grow up as kids, before the lawyers and the government regulated so much of our lives for our own good. While you are at it, forward it to your kids so they will know how brave and lucky their parents were.

Kind of makes you want to run through the house with scissors, doesn't it?

Community Caregivers
of Greater Derry
58 E Broadway
Derry, NH 03038

Non-Profit
Organization
U.S Postage
Permit # 1
East Derry, NH 03041

Spring 2011 Newsletter



"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."

-Margaret Mead

Community Caregivers of Greater Derry

Current Board of Directors as of 4/11

Chair: Alan Hoffman, Londonderry

Treasurer: Todd Powers, Derry

Secretary: Nancy Pierce, Derry

Nancy Dorner, Londonderry

Edward Frost, Windham

Gloria Fulmer, Londonderry

Missy Haas, Londonderry

Roger Konstant, Derry

Judith Moody, Derry

Vincent Smith, Londonderry

Katie Wolff, Londonderry

Caregivers Staff:

Cindee Tanuma

Executive Director

Julie K. Levesque

Office Coordinator

Paula Flynn

Grants Administrator

Linda Connelly

Loaner's Closet Coordinator

Nancy H. Pierce

Transportation Coordinator

Phone: 432-0877

Fax: 432-7041

E-Mail: office@comcaregivers.org

www.comcaregivers.org

find us on
facebook

